

Colorectal Cancer Screening: Choosing the Right Test

Are you
45-75
years old?

Time to get screened for colorectal cancer.

Black and African Americans are about **20%** more likely to get colorectal cancer and **40%** more likely to die from it than **most other groups.**

Source: American Cancer Society

9 out of **10**

people are **alive** 5 years after diagnosis when colorectal cancer testing happens **early.**

Family history of colorectal cancer can affect the screening age and testing options available to you.

Talk with your provider about the best choice for you.

| | FIT | FIT-DNA | CT Colonography | Colonoscopy |
|----------------------------------|--|---|--|---|
| What is it? | Checks for blood in the stool | Checks for blood and altered DNA in the stool | Checks for polyps (small growths) in your colon that can become cancer using X-ray imaging | Checks for polyps (small growths) in your colon that can become cancer using a flexible tube |
| How do I complete the test? | <ul style="list-style-type: none"> At-home test No prep needed Uses a water sample from your stool Mail the test to the lab or return it to clinic | <ul style="list-style-type: none"> At-home test Delivered to your door No prep needed Collect a stool sample Mail the kit to the lab | <ul style="list-style-type: none"> Out-patient procedure Minimally invasive No sedation required Prep needed - you must clear your colon by using medication before the test | <ul style="list-style-type: none"> Out-patient procedure Your provider will refer you to a trusted specialist near you Prep needed - you must clear your colon by using medication before the test |
| How often should it be repeated? | Every year if test result is normal | Every 3 years if test result is normal | Every 5 years if test result is normal | Every 10 years if findings are normal |
| Things to consider | You will need a colonoscopy if your result is abnormal | You will need a colonoscopy if your result is abnormal | You will need a colonoscopy if your result is abnormal | <ul style="list-style-type: none"> Calls for anesthesia Specialist will remove any small growths found and send them for further testing You will need a ride to and from the visit |