

Health Behaviors for Cancer Survivors Brief, 2019

Comprehensive Cancer Control Programs and Coalitions Training and Technical Assistance Needs

This brief provides an overview of Comprehensive Cancer Control (CCC) Program and Coalition activities to advance health behaviors for cancer survivors across states, tribe/tribal organizations, territories, and U.S. Pacific Island Jurisdictions. It also highlights potential areas for training and technical assistance support.

SUMMARY

Overview

The American Cancer Society (ACS), in collaboration with the Comprehensive Cancer Control National Partnership (CCCNP), conducted an online survey of comprehensive cancer control (CCC) programs and coalitions in April 2019. The 130 survey respondents represent CCC program directors and/or coordinators (48%), CCC coalition leadership and key stakeholders (19%), and ACS state and primary care managers (33%).

BY THE NUMBERS

61 states, tribes/tribal organizations, and US territories/Pacific Island jurisdictions participated (n=50, 6, and 5, respectively).

59% of CCC coalitions are staffed or “run out of” state health department CCC programs, **21%** are formal nonprofit organizations, and **10%** have an informal stand-alone entity.

73% currently focus on health behaviors for cancer survivors but **86%** have an interest.

41% prioritize survivorship as a top 3 area in cancer plan implementation.

The **most common activities** include: survivorship/supportive care plans (47%), patient education (40%), nutrition or obesity, and physical activity (39%).

Collaboration

The majority of respondents are addressing the health behaviors of cancer survivors through a task group (57%), dedicated project (12.3%), or an independent organization collaborating with the local cancer coalition (9.7%).

There was no significant variation in response by respondent or jurisdictional characteristics (organizational role, rurality, etc.).



80% of respondents say their coalition is collaborating to address health behaviors.



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CCC PROGRAMS AND COALITIONS SNAPSHOT

61 of 65 CCC Programs and Coalitions responded to the survey.

36

selected survivorship as a top 3 priority for cancer plan implementation.

51

are collaborating to address health behaviors for cancer survivors.

59

report at least 1 barrier in this area.

Health behaviors for cancer survivors is a priority area for

52

jurisdictions.

PRIORITY ACTIVITIES ACROSS JURISDICTIONS:

39

survivorship/supportive care plans

38

patient education

36

physical activity

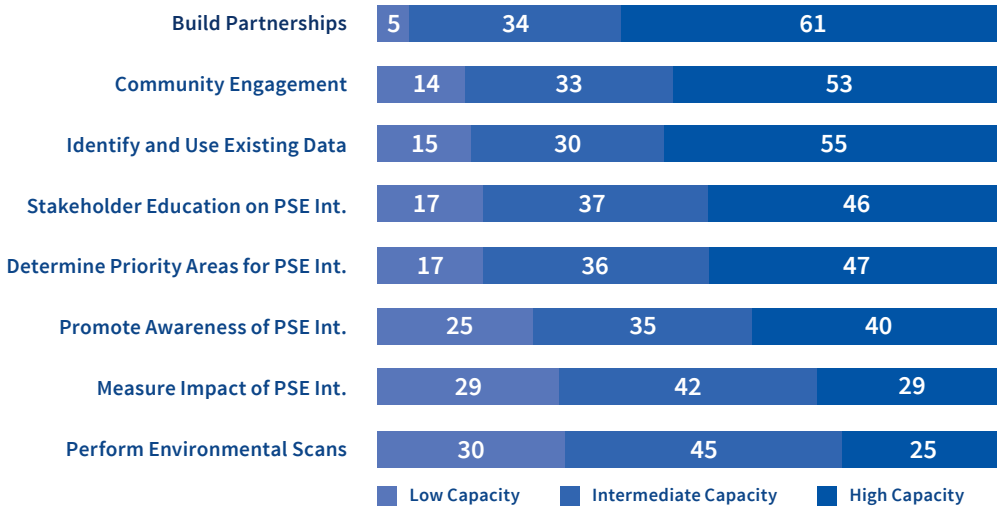
33

nutrition/obesity

A Closer Look at Coalitions

COALITIONS COLLABORATING TO ADDRESS HEALTH BEHAVIORS FOR CANCER SURVIVORS ...

Have the capacity to engage but need support for PSE Interventions(%)



Focus on:

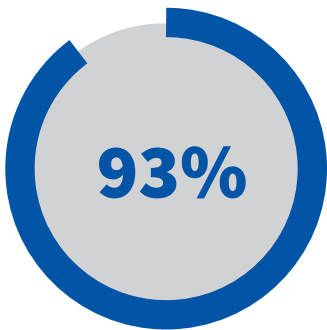
62%
BREAST

56%
COLORECTAL

44%
CERVICAL

43%
LUNG

COMMON BARRIERS



Reporting at least 1 barrier



61%
Limited
personnel



53%
Need to build
capacity among
coalition
members in
this area



49%
Lack of financial
support



19%
Weak
infrastructure

ACS Comprehensive Cancer Control Initiatives

The ACS CCC Initiatives team offers training and technical assistance to all 65 state, tribe/tribal organization, territory, US Pacific Island jurisdiction programs and coalitions within the CDC's National Comprehensive Cancer Control Program. The ACS CCC Initiatives team seeks to build capacity of the CDC National Comprehensive Cancer Control Program grant recipients and their coalitions to implement

policy, systems, and environmental change approaches and evidence-based promising practices in cancer prevention, screening, diagnostic follow-up, and survivorship. Training and technical assistance activities include webinars, online resources and toolkits, live presentations, consultations, forums, workshops, and linkages with CCC colleagues nationwide.

Comprehensive Cancer Control National Partnership (CCNP)

Through coordination and collaboration, the CCNP assists comprehensive cancer control (CCC) coalitions to develop and sustain implementation of comprehensive cancer control plans at the state, tribe/tribal organization, territory, US Pacific Island jurisdiction, and local levels.

The CCNP was formed in 1998 as a collaborative group of diverse national organizations working together to build and strengthen CCC efforts across the nation. Today, the CCNP is an influential group of 19 leading cancer organizations that utilize their combined strengths and resources to change the trajectory of the cancer burden in the US.

For more information or to request technical assistance for your comprehensive cancer control program or coalition efforts, contact:

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